

Wednesday, June 25th, 2025



Dear Parents and Caregivers,

We are pleased to inform you of an opportunity for your child to participate in a second, Kid Helpline, free online learning experience, focused on personal safety. This session is being offered in response to current student needs and the overwhelmingly positive feedback received from our initial program. Designed for primary school students, the session continues to focus on empowering children with essential skills to navigate the world safely and confidently.

**Session Details:**

Date: Monday, June 30<sup>th</sup>, 2025. Time: 12.30-1.30pm Location: Online (via Kids Helpline Virtual Session)

**Learning Outcomes:**

During this session, students will explore:

- Children's Rights: Understanding their rights to safety and respect.
- Recognising Warning Signs: Identifying gut feelings as indicators of potential danger.
- Social-Emotional Strategies: Developing skills for self-empowerment and emotional awareness.
- Assertive Communication: Learning to express themselves confidently and appropriately.
- Seeking Help: Recognising when and how to ask for assistance.
- Community Support Networks: Identifying trusted adults and resources within the community.

This session will help foster the development of leadership skills among our Year 5/6 students, promoting active leadership and encouraging them to take on more responsibility at school.

**Permission Requirements:**

As part of the session, students will need parental permission to participate. Please complete and return the permission slip below by 3:00pm on Thursday, 26<sup>th</sup> of June.

Kind regards,  
Erin Corcoran



Deputy Principal  
North Ingle School

For more information, please visit:

<https://schools.kidshelpline.com.au/sessions/safe>

I, give permission for \_\_\_\_\_, to attend the Kids Helpline "Your Right to Safety" session on Monday, June 30th, 2025, from 12:30pm to 1:30pm.

I understand that this session will be an interactive online event focused on developing leadership skills, and I give permission for my child to engage in this program.

Parent/Caregiver Name: \_\_\_\_\_ Signature: \_\_\_\_\_